

Repaying your student loan can be challenging, but it's important to stay the course. Fortunately, the Oklahoma College Assistance Program's (OCAP) financial literacy initiative, Oklahoma Money Matters (OKMM), offers information, tools and resources to help borrowers manage their money and successfully repay student loans.

Take the following steps to successfully manage your student loan:

- Recognize that your student loan payment is a fixed expense. Repaying your student loan isn't optional. Remember, your monthly student loan payments are just as important as your rent, car payment or any other fixed monthly expense.
- Make your loan payments on time. If you know your payment will be late, contact your loan servicer immediately to discuss your situation.
- **Communicate with us regularly.** Remember to notify your loan servicer of any changes in your name, address or ability to repay.
- **Keep copies of all loan correspondence.** Create a "my student loan" file to hold statements, notices and other important documents.
- **Be open to change.** It's important to distinguish the things you *need* from the things you *want.* Sometimes it can be difficult to accept that overspending on items you don't really need is compromising your ability to repay your loan(s) successfully. Many people find it necessary to sacrifice some luxuries to stay on track.
- Ask questions! This is your money we're talking about don't be afraid to ask your loan servicer for help or for more information when you have questions.

Visit the Oklahoma College Assistance Program website, ocap.org, for more information about student loans or call 405.234.4300 or 800.442-8642 (toll-free).

For money management information and tools to help you make smart financial decisions, visit www.oklahomamoneymatters.org or call 800.970.OKMM.

We're here to help!

We created a useful budgeting tool to help you spend wisely.

Check it out!









This budgeting tool can help you develop a spending plan. If your expenses are greater than your income, look for places to cut back. Don't forget to pay yourself first. Saving should be part of your monthly budget, not something you do if money is left over!

Income from Wages (after tax)	
Other income	
Total Income:	

Expenses	Monthly Amount Budgeted	
Investments/Savings		
Emergency Savings		
College Fund		
Short-term Savings		
Investments		
Home		
Mortgage or Rent		
Insurance		
Property Taxes		
Home Repairs		
Utilities		
Electricity		
Water and Sewer		
Natural Gas		
Debt Payments		
Student Loans		
Credit Cards		
Other Loans		
Food		
Groceries		
Dining Out		
Family Obligations		
Child Support		
Day Care		
Babysitting		
Personal Care		
Toiletries		
Haircuts/Grooming		

Expenses	Monthly Amount Budgeted	
Health and Medical		
Insurance		
Co-Pays		
Fitness		
Transportation		
Car Payment		
Gas		
Auto Repairs		
Maintenance		
Insurance		
Communications		
Telephone/Cell Phone		
Internet Access		
Entertainment/Recreation		
Cable TV		
Movies/Movie Rentals		
Hobbies		
Magazine Subscriptions		
Vacations		
Pets		
Food		
Grooming		
Vet Services/Boarding		
Miscellaneous		
Household Items		
Charitable Giving		
Total Expenses:		